



February Practical Workshops

Practical Workshops – February 2013

Concept Games & Problem Solving in Football

Date: Saturday 23rd February 2013

Time: 11am – 12.30pm

Tutor: John Morrisson

Venue: St Peregrines

Games To Develop Forward Play in Hurling

Date: Saturday 9th February 2013

Time: 11am – 12.30pm

Tutor: Liam Sheedy

Venue: Kilmacud Crokes

Fitness Testing Made Easy

Date: Thursday 7th February 2013

Time: 8pm – 9.30pm

Tutor: Niall Cooper & Ger O'Connor

Venue: Na Fianna

Building Physical Skills: Strength & Resistance Training

Date: Thursday 28th February 2013

Time: 7.30pm – 9pm

Tutor: NADA

Venue: Thomas Davis

To Book any of the above workshops email aileen@dublingaa.ie or text your Name, Club and what workshop you are interested in to 0851273012

Cost: €5 per workshop

Please register your interest in these workshops so you will be notified of any last minute changes



Coach Education Workshop – Spring 2013

Foundation Award in Football & Hurling (limited Place avail)

Venue: St Brigids GAA Club

Dates: Friday 8th Feb, Fri 15th Feb & Fri 22nd Feb 2013 (attendance on all dates necessary)

Time: 7.30pm – 9.30pm

Cost: €15 (BOOKING ESSENTIAL)

To Book Email : aileen@dublingaa.ie or paul.obrien.gpo.dublin@gaa.ie

Award 1 Child Courses

Award 1 Child Course – Football Only (limited place avail)

Venue: Kilmacud Crokes

Dates: (attendance on all dates necessary)

- Friday 25th Jan @ 7.15 – 9.30pm
- Saturday 26th Jan @ 9.30am – 5pm
- Friday 1st Feb @ 7.15pm – 9.30pm
- Saturday 2nd Feb @ 9.30am – 3pm

Cost: €60 (paid 1st night – Booking essential)

Contact: paraic.mcdonald.gpo.dublin@gaa.ie / aileen@dublingaa.ie

Award 1 Child course – Football & Hurling

Venue: St Brigids GAA Club

Dates: (attendance on all dates necessary)

- Friday 1st March 2013 @7.30 -10pm
- Friday 8th March 2013@7.30 -10pm
- Friday 15th March 2013@7.30 -10pm
- Friday 22nd March 2013@7.30 -10pm
- Friday 12th April 2013 @7.30 -10pm
- Friday 19th April 2013 @7.30 -10pm
- Friday 26th April 2013 @7.30 -10pm
- Friday 3rd May 2013 @7.30 -10pm

Cost: €60 (paid 1st night – Booking essential)

Contact: paul.obrien.gpo.dublin@gaa.ie / aileen@dublingaa.ie call 087-9154748



Award 2 Child Course

Football – St Oliver Plunketts

Hurling: - O'Tooles GAA Club

Pre Entry Requirements: Completion of foundation Award and Award 1 Child or Award 1 Youth & Adult

Dates:

Weekend 1

Friday 8th March 2013 @ 7pm – 10pm

Saturday 9th March 2013 @ 9am – 4.15pm

Weekend 2

Friday 22nd March 2013 @ 7pm – 10pm

Saturday 23rd March 2013 @ 9am – 12 noon

Weekend 3

Friday 12th April 2013 @ 7pm – 10pm

Saturday 13th April 2013 @ 9is – 12noon

Weekend 4

Friday 26th April 2013 @7pm – 10pm

Saturday 27th April 2013@ 9am – 1pm

Cost: €90

To Book: Email ailleen@dublingaa.ie / Contact your club GPO or call 018058215