



## Practical Coaching Workshops

### Hurling

#### **Teaching Games for Understanding**

Date: 16<sup>th</sup> October 2015

Venue: Ballyboden St Endas

Time: 7.30pm

Tutor: Peter Casey

Aimed at Child Coaches up to U13/U14

#### **Making the telling Runs – Forward movement**

Date: 6<sup>th</sup> November 2015

Venue: Kilmacud Crokes

Time: 7.30pm

Tutor: Paddy Mullally

Aimed at Youth & Adult Coaches (U14 & up)

#### **Using FUN TO Maximize Skill**

Date: Friday 4<sup>th</sup> December 2015

Venue: St Judes GAA Club

Time: 7.30pm

Tutor: Damien Quigley

Aimed at Child Coaches up to U13/U14

### Football

#### **Systems of Play**

Date: Friday 23<sup>rd</sup> October 2015

Venue: Fingallians GAA Club

Time: 7.30pm

Tutor: John Morrisson

Aimed at Youth/Adult Coaches (U15 & Up)

#### **Deliberate Play – Deliberate Practice**

Date: 20<sup>th</sup> November 2015

Venue: St Annes GAA Club

Time: 7.30pm

Tutor: Paddy Christie

Aimed at Child / Youth Coaches (up to minor)

#### **Hurley Repair Course**

Dates: 3<sup>rd</sup> & 5<sup>th</sup> November 2015

Venue: St Davids CBS, Artane

Time: 7pm

Tutor: Mick Scully

Fee: €80 (2 night course)

#### **Physical Fitness for Football & Hurling**

Pre-Season fitness training

Date: 25<sup>th</sup> November 2015

Time: 7pm

Tutor: Niall Cooper

Aimed at Coaches of all levels

Coaches / Mentors of any age group are more the welcome to attend workshops, although each workshop does indicate what age group it will be primarily aimed at. The cost of the practical workshops are €5 (unless otherwise indicated) & can be paid on the night. We ask that everyone pre-register so in the case of any last minute changes/ cancellations people can be easily contacted.



## Coach Education

### **Foundation Award in Football & Hurling**

**Dates:** 13<sup>th</sup> & 15<sup>th</sup> October 2015

**Time:** 7.30pm – 10pm

**Venue:** Parnell Park

**Cost:** €15

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### **Award 1 Youth /Adult Football Course**

You must be currently coaching a team aged U13 & older and complete the Foundation Award

**Venue :** Clanna Gael Fontenoy @7.30pm or St Margaret's GAA Club @7pm (Choice of Venue)

**Dates:**

- Monday 4<sup>th</sup> October 2015
- Wednesday 5<sup>th</sup> October 2015
- Monday 12<sup>th</sup> October 2015
- Wednesday 14<sup>th</sup> October 2015
- Monday 19<sup>th</sup> October 2015
- Wednesday 21<sup>st</sup> October 2015
- Monday 2<sup>nd</sup> November 2015
- Wednesday 4<sup>th</sup> November 2015

**Cost:** €70

**Award 1 Youth/Adult Hurling** will take place early 2016 – dates to follow. If you wish to complete the Football & Hurling Course you can complete the football course above & 3 modules of the hurling course in 2016 to receive a coaching certificate in both.

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### **Award 2 Child Football & Hurling Course**

You must be currently coaching a team U12 or younger and have the Award 1 Coaching course completed

**Dates:**

- Friday 13<sup>th</sup> November & Saturday 14<sup>th</sup> November 2015
- Friday 20<sup>th</sup> November & Saturday 21<sup>st</sup> November 2015
- Friday 4<sup>th</sup> December & Saturday 5<sup>th</sup> December 2015
- Friday 29<sup>th</sup> January & Saturday 30<sup>th</sup> January 2016

Attendance on all dates necessary

**Time:** Friday evening from 7.30pm – 9.30pm, Saturday 10am – 3/4pm

**Venue:** Friday evening – Parnell Park/ Saturdays, The ward, St Margaret's

**Cost:** €100

**Award 2 Youth/Adult football** will take place in 2016 – dates to follow