St Sylvesters U12 Review

Parents Survey Results

O Did your son enjoy the year?

О	Yes	90.2%
О	No	0.0%
О	In Between	9.8%

Are you happy with the training night of Wednesday or would you prefer?

О	Monday	4.9%
О	Tuesday	6.6%
О	Wednesday	86.9%
О	Thursday	1.6%

• Was your son happy with the team he played on generally?

O	Yes		80.3%
O	No – wanted to play	on a better team	18.0%
О	No – was playing on	too high a team	1.6%

O Are you happy with the time training starts and finishes?

О	Yes	62.3%
О	Prefer 6.30 - 7.45	13.1%
О	Prefer 6.45 – 8.00	24.6%

O Is your son committed to training with us in 2014?

О	Yes, he will be there very regularly	78.7%
О	Yes, but he will miss sessions through other commitments	16.4%
О	No, he will miss more than 50% of sessions	4.9%
О	No, but he wants to play matches on Saturday	0.0%

Is your son committed to playing matches on Saturday

Ο	Yes				83.6%
О	No – He can't co	mmit to	most matc	hes	16.4%
О	No – He can't ma	ike matcl	hes		0.0%

Is Gaelic Football your sons first choice pastime?

О	Yes	45.9%
О	No, Hurling	21.3%
О	No, Rugby	8.2%
О	No, Soccer	8.2%
О	No , Another sport	9.8%
О	No, Another pastime	6.6%

 To be part of an elite team will require commitment as well as ability. Development matches may be played on Sundays and extra training may be required.

Does your son want to be part of an elite squad?

o Yes	73.8%
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o No 26.2%

O Does your son want to play in a competitive team or in a less competitive environment?

О	Highest team possible	60.7%
О	In a high team and competitively	31.1%
О	Less competitive environment	8.2 %

 We are looking to run extra training sessions to develop skills on Saturday afternoons or Sunday mornings?

О	My son is interested in attending	81.4%
О	My son is not interested in attending	18.6%

We are looking to run extra weekday sessions to develop athleticism strength and general fitness?

О	My son is interested in attending	32.2%
0	My son will try and attend other commitments allowing	59.3%
О	My son will not attend	8.5%

 The extra athletic sessions will be conducted by a professional trainer after the first few sessions we may have to ask for a small weekly contribution (€2-€3)

O I would be prepared to make a small weekly contribution	89.8%
O I think this session is a good idea but not willing to contribute	3.4%
O I will not be attending regardless	6.8%

• We would like to give the players knowledge of nutrition of rest and sleep, visualisation techniques, relaxation and stress management. Do you have any skills in these areas or do you know someone who could address the squad on any of these matters

o Yes	18.6%
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o No 81.4%